



# safeTALK



# FREE WORKSHOP Rockhampton QLD

safeTALK is a workshop that teaches how to identify people at risk of suicide and connect them with intervention resources. safeTALK's proven, easy-to-follow steps are used around the world.

Most people thinking about suicide don't actually want to die, but they need help deciding to stay alive. You don't need any prior training to attend safeTALK – just a willingness to make a difference.

## Who Should Attend:

**YOU...** safeTALK is an excellent tool for people who want to become alert to the dangers of suicide in a convenient time frame.

*Space is limited. Register today!*

### Date:

**Monday 2<sup>nd</sup> March 2020**

### Location:

**Flow Centre - Crn East & Denham Streets  
Rockhampton Qld**

### Registration Begins:

**08:30am**

### Program:

**09:00am – 12:00pm**

### Registration:

<https://www.eventbrite.ca/o/rrmh-25162715607>

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**Refreshments provided**

## HELP SOMEONE WHEN THEY NEED IT MOST



National  
Landcare  
Program

